



# PAWS News

*May 5, 2023*

**Respect, Responsibility, Community, & Pride**

Dear MVMS Community,

With the school year winding down, we would like to recognize the amazing staff at MVMS since next week is Staff Appreciation Week. They do many different things to help us out. Whether it be our assignments, our mental and physical health, sport games, or even schoolwide events you can always count on any one of them.

Teachers, which make up the majority of our school staff, teach us to do and be our very best. They challenge us with many assignments, encourage us to not give up, and help with work we may not understand. Their lovely diverse personalities give us a chance to connect with them more and more every day. Whether they are our core class teachers, paraprofessionals, or UA teachers, seeing them will make us smile.

Other professional in our staff include Mrs. O'Riley, Mrs. Hazelbaker, and Ms. Korn. They can be found in our library either in the morning or afternoon. You can ask them anything about the library, and they will have an answer. You can use your time in the library to read, code, work on assignments, print, or use the makerspace. Also in the library are our four guidance counselors, Mrs. Sakolosky, Mrs. Jordan, Mrs. Nault, and Mrs. Roy. These wonderful people cheer us up, help us with any problems we may have or see, and recognize our feelings.

Down at the office, we have our school nurses, Mrs. Potvin, and Mrs. Matatall. Knowing we can count on them if we get hurt is such a relief. With them in our school, we will always have a helping hand when it comes to our physical health. Mrs. Thayer and Mrs. Mancini, our front desk assistants, have a remarkably busy job. They have to make announcements, send down students, manage any files, and lots more. Mrs. Fisher, Mrs. Barbaro and Mrs. Szumiesz work behind the scenes to ensure all our student data is complete and staff and students get the information they need. Our school needs them to thrive.

Computers and technology in general are so difficult to manage. They work one minute and the next they don't. Luckily for us, at MVMS we have a tech crew that we can call if there is a problem, and they will be ready to help us. Along with the tech crew, we also have the janitors and kitchen staff. The janitors are a huge help when it comes to cleaning up or fixing anything. With them working, we can ensure there is a clean environment to learn in. Food and drinks are something we need to get through the day. Being able to go to lunch and seeing the wonderful lunch ladies will not only make us smile but the food they offer will help to give us enough energy and strength to last the day.

Mrs. Milligan, Mrs. Williams, Mr. Lewis, Mr. Hamel, and Mrs. Rivers are part of our administrative team. They create rules to keep us safe and make sure the school is a wonderful place for us to learn. If we have any issue, they will try their absolute best to fix it.

So, this upcoming week, if you see a staff member make sure to thank them because each and every staff member at MVMS make our school a great place.

All the best,

Aubrey Caron  
8<sup>th</sup> Grader

## DATES TO REMEMBER

Date	
May 8-May 12	<ul style="list-style-type: none"> <li>• MVMS Staff Appreciation Week!</li> <li>• Scholastic Book Fair (in the Information Center!)</li> <li>• MVMS Course Selection</li> </ul>
May 8	5 <sup>th</sup> Grade Field Trip: (Boie, Bowden-Gurley, Barbato, Thompson)
May 11	5 <sup>th</sup> Grade Field Trip: (Allen, Hohenadel, Goudreau, McNichols)
May 15- May 19	5 <sup>th</sup> Grade Artist in Residence: Circus Smirkus
May 18	Spring Drama Performance: Matilda Jr.
May 19	Spring Drama Performance: Matilda Jr.
May 23	Spring Music Concert: All Band & Orchestra
May 24	Spring Music Concert: All Chorus
May 26	Memorial Day Assembly
May 29	No School: Memorial Day
May 31	8 <sup>th</sup> Grade Excellence Night (Invitations coming soon!)
June 15	8 <sup>th</sup> Grade Promotion @ St. Anslem College

## MVMS ADMINISTRATORS

Mrs. Jessica Milligan	Principal
Ms. Brandy Williams	Assistant Principal
Mr. Lyle Hamel	Curriculum Coordinator
Ms. Kim Rivers	Special Education Facilitator
Mr. Josh Lewis	Dean of Students



## NH Department of Education Camp Scholarships

The New Hampshire Department of Education is offering camp scholarships. Please [click here](#) for more information.

## PBIS Theme of the Month – Self-Control

The PBIS Theme of the Month is Self-Control! Staff and students are focused on what exhibiting self-control looks like here at MVMS and how one should go about being using self-control in their everyday lives.

## Ilo

We have some exciting news to share! Ilo (pronounced: “Ee-low”), pictured here is a Finnish Lapphund and certified Therapy Dog, who will be spending time at Mountain View Middle School. Ilo belongs to Mrs. Jordan, one of our School Counselors, and the two of them work as a certified Therapy Team. Ilo has spent time volunteering in a variety of settings including hospitals and nursing homes, and he is a gentle and calm boy that encourages everyone he encounters to “Wag more, worry less.” Ilo and Mrs. Jordan are certified through Alliance of Therapy Dogs and have extensive training and testing to ensure the safety and therapeutic needs of the children and adults that they encounter in their work together.



Therapy dogs have a proven positive effect on student and staff well-being and are a perfect complement to our social emotional learning efforts at Mountain View Middle School. Therapy dogs are not the same thing as service animals, which is an animal trained to help a specific individual. Therapy dogs are trained with their owner to provide emotional support for staff and students alike. Research has shown that therapy dogs support psychological and academic growth while increasing social skills and self-esteem in children. The benefits are numerous, and we are excited to bring this opportunity to our Mountain View students and staff. Ilo will be spending time at Mountain View interacting with students and staff utilizing a therapeutic schedule to visit classrooms and other areas of the building.

## Reporting an Absence

Parents and guardians should call (603) 497-8288, when prompted press 2 to report a student absence. Parents and guardians should be prepared to record their name, their student’s name, and the name of their student’s teacher(s). A note from a parents and guardians should be presented to the homeroom teacher upon return to school.

## Robotics and STEM Enrichment Activity at MVMS

We are excited to share that SAU #19 is offering a one-week intensive enrichment opportunity focused on Robotics and STEM related activities at Mountain View Middle School during the week of 6/26-6/29 from 8 AM to 3 PM. These two programs will run separately, but in tandem, so that each cohort of students are able to spend two days in each activity. The two cohorts will be broken up accordingly: **Incoming 5th graders to MVMS (those students currently at Maple and Bartlett), as well as our current students at MVMS who are in 5th grade and will be entering 6th grade in the fall will be one cohort. The second cohort will consist of those MVMS students who will be seventh and eighth graders at MVMS in the fall, including those students at NBCS.** These free enrichment programs will help support the grade level and school level transition for interested students by providing a purposeful and enriching activity while also offering students a familiarity with the building and some of MVMS's teaching staff. If you have more than one child who is in either cohort, please complete two separate forms.

Registration is open through Friday, June 2nd.

If you have any questions related to the specifics of these programs, please contact either Derek Davis ([derek.davis@sau19.org](mailto:derek.davis@sau19.org)) or Mike Lee ([Michael.Lee@SAU19.ORG](mailto:Michael.Lee@SAU19.ORG)).

<https://forms.office.com/r/AsTV9xV9GU>



Dear Parents and Families:

Get ready! The Scholastic Book Fair is coming our way (YAY!). Choosing their own books empowers kids and inspires them to become Bolder, Prouder, and Stronger Readers. AND—as always—every book they buy earns rewards for our school.

Here's what you need to know about the Fair, which will take place from **Monday, May 8<sup>th</sup> – Friday, May 12<sup>th</sup>** in the MVMS Information Center.

We would like to encourage families to set up an **eWallet** —your child's digital payment account— to be able to shop at the Book Fair. Before the Fair, set up eWallet for worry-free, cash-free purchases. Anyone can contribute! Share each child's eWallet so friends and family can add funds and give your kids more books to enjoy. If you would like to donate to our library or our classroom eWallets, please find our eWallet links here:

<http://tinyurl.com/May2023MVMSBookFair>

If you can't make it to the Fair, then **shop at our school's Online Book Fair**. All orders ship directly to your home, and shipping is free for book orders over \$25. Your online orders will also benefit our school.

Visit our Book Fair homepage to learn more, preview the books, and get started with eWallet and online shopping: <https://bookfairs.scholastic.com/bf/mvmsgoffstown>

The countdown to more Bookjoy is on! Catch you at the Fair!

Happy reading,

Amy O'Riley  
Library Media Specialist  
Mountain View Middle School

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## Food Service Updates

If your student is changing schools within the district and has money on the account, the money will move with him/her. If you need a refund as your student is leaving the district and your child's account has \$10 or more left, please click on this link <https://tinyurl.com/en9cyvzd> to complete the form. It can take 2-3 weeks for a check to arrive. If your child owes money for meals, please pay this debt as soon as possible. If you have any questions, please contact your school's cafeteria. Thank you for all of your support this year! The Food Service Team.

## Volunteer Information

The Goffstown Police Department (GPD) has partnered with our district and will now accept SAU 19 volunteers at the police station during the hours of 9:00 AM and 3:00 PM, Monday through Friday. You do not need to make an appointment, but you will need to bring a photo ID with you and tell them you are an SAU 19 volunteer. In the event you cannot make it during these open hours, you may stop by the GPD at any time, but the availability of an officer to take your prints may be limited and you may have to wait for an available officer, or you may be asked to try again at a different date and time.

Once your fingerprinting is complete, GPD will provide you with an electronic receipt. This receipt needs to be sent to the SAU office along with the following forms. It is important that you know your prints are only good for 30 days from the day they are taken to the day they are received in Concord. Please return all documents to the SAU office as soon after fingerprinting as you can: A completed Criminal Record Release Authorization Form. Payment of \$ \$21.25 made payable to State of NH – Criminal Records (personal checks or money orders are the only form of payment accepted) \* These forms need to be completed and available on the SAU website:

- Volunteer Information Sheet
- Volunteer Application Agreement Form
- Volunteer Confidentiality Agreement Form #1 (Goffstown & New Boston)
- Volunteer Confidentiality Agreement #2 (New Boston Only)
- Verification of Bullying Training Form

The Bullying Training can be found on our website. Volunteers are required to watch the video annually and submit the bullying training form to the SAU office to stay current on the list. Once your fingerprinting record check is returned to the SAU office, schools will be notified you are an approved volunteer. You should contact the school directly to confirm if you have been approved for volunteering. SAU 19 Volunteer polices can be found on our website: [Volunteers and Volunteer Regulations.](#)

Please note, this process may take up to 30 days. You must complete this process in a timely manner if you want to volunteer for a particular event. Any questions about this process can be directed to the SAU office at 603-497-4818.

## **Nurse Update: Attention 6th Grade Parents**

The State of NH requires all students entering 7th grade to receive the **Tdap** vaccine (Tetanus and Pertussis) prior to the start of 7th grade. Most children receive this vaccine between ages 10-12. Many current 6th graders are still missing documentation of this vaccine. If your child received this vaccine, we ask that you send in a copy of their immunization record prior to the end of the school year. If your student has not had the Tdap vaccine, please make arrangements with your child's health care provider for him/ her to receive this vaccine before the start of school in September and submit a copy of your student's vaccine record to the MVMS nurses once completed. Feel free to contact the MVMS Health Office with any questions or concerns.

Thank you,

Sara Matatall RN & Susan Potvin RN

660-5623

[Sara.matatall@sau19.org](mailto:Sara.matatall@sau19.org)

[Susan.potvin@sau19.org](mailto:Susan.potvin@sau19.org)

## **Update from the Nurses: Seasonal Allergies**

Allergy season is fast approaching. If your child suffers from seasonal allergies, please make sure they are taking their allergy medication daily, at home. The MVMS Health Office does not supply seasonal allergy medication to students. Please contact us with any questions.

Thank you,

Sara Matatall RN

[Sara.matatall@sau19.org](mailto:Sara.matatall@sau19.org)

660-5623

Susan Potvin RN

[susan.potvin@sau19.org](mailto:susan.potvin@sau19.org)

660-5615

## **The Late Bus**

The Late Buses picks students up from MVMS at 5:00. Students must sign up in the front office by 1:00 to ride the late bus each day. Please click on the following link to check out the routes: [Late Bus Route](#)

## **Information Center**

The MVMS information center is open for students to access resources before and after school. The library is open before school starting at 7:45 and will remain open at the end of the school day until 4:45, Monday-Thursday. The information center will close at 3:10 on Friday. Students dropped off at 7:45 or picked up after 3:15 from the library need to enter and exit through the front lobby doors.

## **Paraprofessional Job Opportunity**

MVMS is seeking paraprofessionals for the 2022-2023 school year. The job predominantly consists of supporting small groups of students or individual students in Grades 5 through 8 throughout their day. If interested, please contact our main office at 603-497-8288 or apply through our [district employment opportunities](#).

## Emergency Release

The Goffstown School District uses a district wide notification system called School Messenger. This system allows more effective communication with parents should an emergency issue arise. This includes school cancelations, delays or early dismissals due to poor weather or building emergencies such as loss of heat, water pressure or electricity. Every means of communication will be used to notify parents and guardians. In addition to School Messenger, any school closing or delay because of weather conditions will continue to be announced on WMUR-TV, Channel 9, as well as over the radio station 95.7 FM WZID before 7:00 a.m. Please refrain from calling the school. Parents should have an emergency plan in place with their student for the rare occasion they may need to be sent home early.

## School Counselors

If at any point during the year, you feel the need to consult with a counselor for advice for you or your student, please contact one of the following:

Erin Sakolosky	Grade 5	<a href="mailto:Erin.Sakolosky@sau19.org">Erin.Sakolosky@sau19.org</a>
Jessica Jordan	Grade 6	<a href="mailto:Jessica.Jordan@sau19.org">Jessica.Jordan@sau19.org</a>
Rachel Nault	Grade 7	<a href="mailto:Rachel.Nault@sau19.org">Rachel.Nault@sau19.org</a>
Ryanne Roy	Grade 8	<a href="mailto:Ryanne.Roy@sau19.org">Ryanne.Roy@sau19.org</a>

## MVP Corner

The Mountain View Partnership is your MVMS parent teacher organization. To become a supporting member, click the link below. You will be given an option to join the MVP Student Directory and will receive a copy in return. The link is <https://my.cheddarup.com/c/mvp-membership>. You will also be enrolled to receive emails on current fundraisers and events sponsored by MVP!

MVP meets on the first Monday of each month at 6:00pm in the Information Center/Library. Everyone is welcome, we'd love to have your input, it truly takes a village! To stay informed on our upcoming events and fundraisers you may also join our Facebook Group at <https://www.facebook.com/mountainviewpartnership>





REGISTRATION IS NOW OPEN FOR OUR 2023 SPRING SEASON!

T-ball ages 4-6 \$125 per player

Farm ages 6-8 \$125 per player

Minors ages 8-10 \$160 per player

Majors ages 10-12 \$160 per player

Challenger (adaptive league) ages 4-22 \$50 per player

### BACK THIS YEAR: Early Bird Discount

Register by January 15<sup>th</sup> and receive \$10 off each player!

Go to [www.GoffstownJrBaseball.com](http://www.GoffstownJrBaseball.com) to register!

Minors and Majors registration deadline is 2-28-23.

Their player evaluation date will be at MVMS on Sunday AM 3-5-23.

All other divisions close end of March.

Late registrations could be subject to unavailability or a late fee.

Please email [GJBBoard@GoffstownJrBaseball.com](mailto:GJBBoard@GoffstownJrBaseball.com) with any questions.

See you on the field!



Our primary goal is for kids to have fun learning to play baseball, while also teaching the fundamentals of life, fair play, and good sportsmanship.



GOFFSTOWN PARKS AND RECREATION

2023 SPRING

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# GIRLS AND BOYS LACROSSE

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REGISTRATION OPEN NOW!

8U INSTRUCTIONAL

●

10U, 12U, AND 14U  
TRAVEL

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SEE WEBSITE BELOW FOR  
MORE DETAIL

●

OR CONTACT  
[ERIN.TRNKA@GOFFSTOWNNH.GOV](mailto:ERIN.TRNKA@GOFFSTOWNNH.GOV)

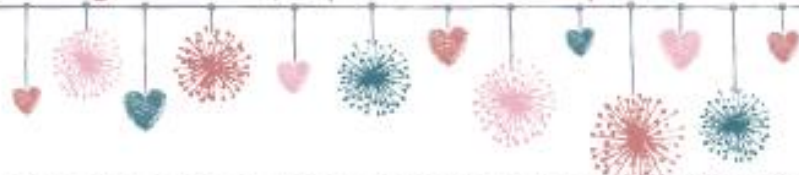
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[GOFFSTOWN.COM/DEPT/PR](http://GOFFSTOWN.COM/DEPT/PR)  
[GOFFSTOWN.RECDESK.COM](http://GOFFSTOWN.RECDESK.COM)



# High Vibe Girl Tribe

Where girls connect, inspire each other & spread kindness!



**We are excited to announce that after a hiatus, the High Vibe Girl Tribe is back and in person starting Wednesday April 5th on Main St. in Goffstown.**

The intention of the tribe is to help each girl deepen her sense of self

## 1 SELF-LOVE & CONFIDENCE

Learn the importance of self-care & filling her cup first. To believe in herself, follow her heart & trust her gut!

## 2 CONNECTION & INSPIRATION

Build a community of girls who inspire each other, lift each other up & also push each other to be their best selves.

## 3 KINDNESS & POSITIVE ENERGY

Share positive energy & spread kindness through the community & world around them near & far through simple acts & larger projects

"The power you have is to be the best version of yourself you can be, so you can create a better world."  
-Ashley Rickards



### Why Jill created the High Vibe Girl Tribe!

I imagined the amazing life my daughter can create for herself by learning daily practices & tools that took me 40 years to find. Tools that build self-love, confidence & connection. I desire to help girls to know their worth in this world & feel confident shining their light.

### Jill Coletti

Reiki Master Teacher, Intuitive Coach,  
Author & Spiritual Mama



Evolve with Jill

Evolve with Jill, LLC  
(603)801-6416  
evolve@jillcoletti.com  
www.jillcoletti.com





## 2023 Tri-Town Youth Soccer League Fall registration opens May 1<sup>st</sup>, 2023!

Please visit our website for more information:

[www.tritownsoccer.com](http://www.tritownsoccer.com)

Tri-Town Youth Soccer League is an initiative of Goffstown, Dunbarton, and New Boston to provide residents community-based recreational soccer.

Discounts (1 per household) will be provided to head (\$20) and assistant coach (\$10) volunteers.

**Sign up now before late fees begin July 17<sup>th</sup> (\$10 per registrant)**  
Registration closes August 1<sup>st</sup>, 2023

***Accepting registrants in the following age groups  
(see website for DOB ranges):***

**U6**

**U8**

**U10**

**U12**

**U14**

**U19**

